

AQUATICS PROGRAMS

Beachland Pool is getting a complete makeover! That's right – we've already started making the improvements that will provide you and your family with an enjoyable swimming experience for years to come. The brand new pool will feature zero depth entry, making it fully handicapped accessible. The new bathhouse will be equipped with modern bathrooms, lockers and showers. For your convenience and safety, we're adding additional parking and a designated drop off and pick up area. And for the little ones, we're installing a brand new spray pad! The construction will continue throughout the summer, so the pool will not be available for lessons or recreation swims until next summer (2016). Until then, we hope you will enjoy the pools and amenities at Kennedy, Eisenhower and Fernridge Parks.

SUMMER SWIM TEAMS - Age 6 - 14

Each outdoor pool will have its own competitive swim team. Practices are Monday through Friday from 4:45 to 5:45 p.m. Dual meets are held on Saturday mornings. The meet schedule will be determined at a later date. Swimmers must be able to swim multiple laps in the pool to participate. Swim team members should have completed at least Level III in the Learn to Swim Program. Registration is taken first come, first serve. Swim teams open to West Hartford residents only. **Registration is limited to 75 swimmers per team.**

Pre-registration is required for the swim teams. Sorry, but non-registered swimmers will not be allowed to practice or compete. You may register online, mail or fax in your registrations until **Wednesday, June 17 until 4:00 p.m.** to the Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107 FAX: 860-561-7519. After the pools open officially on **June 20**, you must register with the cashier at your team's pool.

Program# Pool

481399A Kennedy Pool
491399A Fernridge Pool
501399A Eisenhower Pool

Fee: \$70.00 per swimmer

Practices

June 22 - July 24, 2015
Monday - Friday 4:45 - 5:45 p.m.

Town-Wide Championships

To be announced
Saturday, July 25, 8:30 a.m. - 12:30 p.m.

Swim - Parent & Tot - Age 5 and under

Parents or guardians with children age 5 and under may register for one or both sessions. Only families who have registered will be allowed in the pool. Pool will be staffed with lifeguards and staff but parents are responsible for the care of their children. Program allows a maximum of 4 children (siblings) per adult. Please note that this is a special program, season tickets, punch cards and Cornerstone memberships do not apply. Register as a family unit, so one registration is needed per household.

No Class: 7/4. Register by mail or at Town Hall only.

Program #	Day	Time	Dates	Res/NRes
481390A	M/W/F	9:00 - 9:50A	06/22 - 07/17	\$35/\$55
481390B	M/W/F	9:00 - 9:50A	07/20 - 08/14	\$35/\$55

LOCATION: KENNEDY POOL Register On-line, by Fax or Mail to Customer Service Desk, Town Hall.

Adult Lap Swim - Age 18 - Adult

Admission to Pool Required

Eisenhower Pool:	June 21 - August 16	Sunday only	12:00 - 1:00 p.m.
Fernridge Pool:	June 21 - August 14	Sunday - Friday	12:00 - 1:00 p.m.
Kennedy Pool:	June 22 - August 7	Monday - Friday	6:00 - 7:00 p.m.

SCHEDULE AND LOCATIONS

OPENING DAY: Saturday, June 20 at 1:00 p.m. - Eisenhower, Fernridge, Kennedy
CLOSING DAY: Sunday, August 16 at 5:00 p.m. - Eisenhower, Fernridge, Kennedy

RECREATIONAL SWIMS - DAILY HOURS (all ages)

Eisenhower, Fernridge, Kennedy:	Jun 20 - Aug 16	Sat & Sun	1:00 - 5:00 p.m.
	Jun 22 - Aug 14	Mon - Fri	1:00 - 4:30 p.m.

RECREATIONAL SWIMS - EVENING HOURS (all ages)

Fernridge, Kennedy:	Jun 22 - Aug 7	Mon, Wed, Fri	6:00 - 8:00 p.m.
	Aug 10 - Aug 14	Mon, Wed, Fri	5:00 - 7:00 p.m.
Eisenhower:	Jun 23 - Aug 6	Tue, Thu	6:00 - 8:00 p.m.
	Aug 11 - Aug 13	Tue, Thu	5:00 - 7:00 p.m.

ADULT LAP SWIMS - (age 18 and over) SEE INFORMATION ON Page 38

SPRAY PADS (age 2 - 8)

Fernridge, Kennedy & Wolcott:	May 23 - Sept 7 (Labor Day)	Daily	10:00 - 7:00 p.m.
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POOL LOCATIONS

WHAT'S THERE

OUTDOOR AQUATICS

Beachland Outdoor Pool

847 South Quaker Lane
860-523-1259

CLOSED: Under renovation

Eisenhower Outdoor Pool

33 Sheep Hill Drive
860-233-2212

One 25 yard by 8 lane pool

Fernridge Outdoor Pool

Spray Pad
567 Fern Street
860-561-2727

One 25 yard by 6 lane pool
with zero depth area, spray pad

Kennedy Outdoor Pool

Spray Pad
160 Oakwood Avenue
860-236-1884

One 25 yard by 6 lane pool
spray pad, teen slide pool

Wolcott Park

Spray Pad
1134 New Britain Avenue

Spray pad

West Hartford Leisure Services

50 South Main Street
West Hartford, CT 06107
860-561-7510
FAX 860-561-7519

Summer Aquatics Office

Open Jun 22 - Aug 16, 2015
847 South Quaker Lane
West Hartford, CT 06110
860-232-4094

General Information

- Children under 12 years old must be accompanied by an adult or guardian (at least 16 years of age).
- Maximum of four (4) such children with one (1) adult.
- Wading pool is for children 6 years old and under. They must be accompanied by an adult. No more than four (4) children per adult.
- Groups of ten (10) or more wishing to use aquatic facilities must apply to Department of Leisure Services for Group-Use-Permit.
- Pools will close during thunder or lightning. No refunds or rain checks.

NOTE Please do not bring valuables to any of these facilities. Bathhouses for changing clothes are provided. Sorry, Leisure Services cannot be responsible for lost or stolen items.

ADMISSION RATES

Proof of residency such as a valid Driver's License must be provided to obtain resident rate admission. You must present proof of residency to pool cashier on each entry to facility.

<u>Daily Rates</u>	<u>Resident</u>	<u>Non-Resident</u>	<u>Evening Rates</u>	<u>Resident</u>	<u>Non-Resident</u>
Child	\$3.25	\$5.50	Child	\$3.00	\$5.00
Adult	\$4.00	\$6.50	Adult	\$3.50	\$6.00
Senior	\$3.25	\$6.50	Senior	\$3.00	\$6.00

DISCOUNT ADMISSION CARDS

Children under the age of 2 should not be charged.

Discount Admission Cards are available for purchase by West Hartford residents **only** at the Customer Service Desk, Town Hall or outdoor pools. Discount Admission Cards may be purchased from the pool cashiers after the pools open using cash or check only. **No refunds or replacements for lost, stolen or unused cards.**

The discount cards are valid at any West Hartford outdoor pool and may be used to bring guests to the pool. Cards must be presented to the pool cashier for admission to the pool. Persons who do not present a discount card must pay the applicable daily admission fee. All cards expire **Sunday, August 16, 2015.**

Discount Card Fee: 10 Swims - \$25 20 Swims - \$45

SEASON PASSES

Season Passes are available for purchase by West Hartford residents **only** at the Customer Service Desk in the Town Hall Lobby. Season Passes are honored at all West Hartford outdoor pools.

Family & Household	\$125 (1 or 2 adults residing at the same address and their dependent children 20 & under)
Individual Youth	\$ 80 (age 20 & under)
Individual Senior	\$ 80 (age 65 & over)
Individual Adult	\$ 100 (age 21 & over)

- Mail or FAX orders:** Discount Admission Cards and Season Passes are available by mail or FAX beginning immediately. Complete the order form and mail or FAX it with the registration fees to West Hartford Leisure Services, 50 South Main Street, West Hartford, CT 06107. FAX number: 860-561-7519. For mail orders send check made out to the "Town of West Hartford" or include Master Card or VISA number and expiration date. Do not send cash.
- In Person:** Season Passes and Discount Admission Cards may be purchased in person at the Customer Service Desk in the Town Hall Lobby immediately.

WEST HARTFORD SPRAY PADS

Fernridge Park, Kennedy Park and Wolcott Park

For summer fun, come visit West Hartford's coolest and wettest locations.

Open daily beginning Memorial Day weekend - weather permitting.

HOURS: May 23 - September 7 Daily 10:00 - 7:00 p.m.

- **Ages 2 - 8 years**
- **Adult supervision required**
- **FREE!**





SEASON PASS/DISCOUNT ADMISSION CARD APPLICATION FORM

SEASON PASS APPLICATION

- Season Passes available at Customer Service Desk, Town Hall Lobby only.
- Season Passes available for West Hartford Residents only.
- Season Passes are honored at all West Hartford outdoor pools.
- Family & Household Season Pass available to 1 or 2 adults residing at the same address and their dependent children age 20 and under.
- Individual Season Pass for persons 21 and over.
- Individual Youth Season Pass for youth 20 & under.
- Individual Senior Season Pass for ages 65 and over.
- You must present your Season Pass at the pool cashier's window. If you do not have your Season Pass card with you, you must pay the Daily Admission Fee. If you are a Family Household Season Pass holder, each family member must present their Season Pass cards.
- Season Passes are non-transferable. Persons found abusing this privilege will have their pass revoked without a refund.
- **No refunds or replacements for lost, stolen or unused cards. All Season Passes expire August 16, 2015.**

POOL SCHEDULE IS SUBJECT TO CHANGE

Last Name: _____

First Name: _____

Street: _____

West Hartford, CT ZIP: _____

Home Phone: _____

Cell Phone: _____

Work Phone: _____

DISCOUNT ADMISSION CARD

- Discount Admission cards available at Customer Service Desk, Town Hall Lobby or outdoor pools.
- Discount Admission cards available for West Hartford residents only.
- Discount Admission card fee is 10 swims - \$25, and 20 swims - \$45.
- Discount Admission cards may be used at any Town of West Hartford outdoor pool.
- Persons who do not present a Discount Admission card must pay the Daily Admission Fee.
- Discount Admission cards must be presented to and punched by the pool cashier for admission to the pool. Cashier will issue a cash register receipt as a ticket for admission. Card will be punched for each person entering the pool. Discount Admission cards may be used to bring guests.
- **No refunds or replacements for lost, stolen or unused cards.**

Discount Admission Cards - 10 swims

441999 A Number of cards _____ x \$25 \$ _____

Discount Admission Cards - 20 swims

441999 B Number of cards _____ x \$45 \$ _____

Season Pass

441999 C \$125 Family & Household \$ _____

441999 D \$ 80 Individual Youth (20 & under) \$ _____

441999 E \$ 80 Individual Senior (65 & over) \$ _____

441999 F \$100 Individual (21 & over) \$ _____

Total Fees Due

\$ _____

◇ Cash ◇ Check # _____

CUSTOMER SERVICE DESK ONLY

Mastercard/VISA _____

Expiration Date _____

Signature _____

Date picked up or mailed: _____ # issued: _____

FOR FAMILY & HOUSEHOLD SEASON POOL PASS - LIST FAMILY MEMBERS

*Children under the age of 2 should not be charged.

	<u>Name</u>	<u>Relationship</u>	<u>Date of Birth</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____

I realize that as with any physical activity there is a possible risk of accidental injury to myself or my child while swimming. I agree to be careful when using the Town of West Hartford pools and to follow all rules and regulations regarding the use of the pools. I also agree to assume the risk of any injury which I or my child may suffer while using the Town of West Hartford outdoor pools and will not hold the Town of West Hartford or its employees and instructors liable for any injuries which I or my child may suffer while using the outdoor pools and related facilities.

Signature: _____ Date: _____

Return Form With Payment To
WEST HARTFORD HUMAN & LEISURE SERVICES CUSTOMER SERVICE DESK
50 South Main Street
West Hartford, CT 06107

SWIM LESSON CLASS DESCRIPTIONS

Only the American Red Cross offers six comprehensive course levels that teach participants how to swim skillfully and safely. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at Level I, which has no prerequisite. Each level of Learn-to-Swim includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined. If you are unsure between two levels, place your child in the lower of the two levels. Your child will still learn new skills while refreshing the old ones.

Level 1: Introduction to Water Skills Purpose: Help students feel comfortable in the water. Basic water safety rules * Swimming on front and back using arm and leg actions * Using a life jacket * Recognizing a swimmer in distress and getting help * Submerging mouth, nose and eyes * Exhaling underwater * Opening eyes underwater/picking up submerged object * Floating on front and back.

Level 2: Fundamental Aquatic Skills Purpose: Give students success with fundamental skills. Moving in the water while wearing a life jacket * Recognizing a swimmer in distress and getting help * Submerging entire head * Bobbing in water * Front and back glide * Jellyfish float * Treading water using arm and leg motions * Swimming using combined stroke on front and back.

Level 3: Stroke Development Purpose: Build on the skills in Level 2 by providing guided practice. Reaching assist * Kneeling or standing dive (shallow dive progression) * Submerging and retrieving an object * Rotary breathing in horizontal position * Front and back glide * Survival float, back float * Front and back crawl * Butterfly kick and body motion.

Level 4: Stroke Improvement Purpose: Develop confidence in the strokes learned and improve aquatic skills. Safe diving rules * Throwing assist * Dive from stride position or shallow dive * Feet-first surface dive * Survival float * Back float * Front and back crawl * Elementary backstroke, breaststroke, butterfly.

Level 5: Stroke Refinement Purpose: Provide further coordination and refinement of strokes. Survival swimming * Performing rescue breathing * Standing dive (diving progression) * Tuck surface dive and pike surface dive * Open turns on front and back * Front flip turn and backstroke flip turn * Front and back crawl * Elementary backstroke * Butterfly, breaststroke, sidestroke.

Level 6: Swimming and Skill Proficiency Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances.

SWIM LESSON FEES & REGISTRATION INFORMATION

Residents - \$45 Non-Residents - \$65

1. **Pre-registration** is required for all swim lessons.
2. Registration fees must be paid at the time of registration.
3. **Mailed or faxed registrations must be received by 4:00 p.m., Wednesday, June 17. Mail or FAX to:** Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107, or FAX: 860-561-7519.
4. Shallow water in the outdoor pools is 32 to 36 inches. For their safety and to enhance their learning experience, children must be able to stand in the water with their chin above the water. **Therefore, all children must be at least 42 inches tall and 5 years old before the class. *Children who are 5 years old and less than 42 inches tall should register at Kennedy or Fernridge**
5. If your child does not meet the height and age requirements, Cornerstone Aquatics Center will be offering summer indoor lessons for younger children. Please contact them at 860-521-3242.
6. **You may register online until 4:00 p.m. Wednesday, June 17 at:**
www.westhartfordct.gov/leisureservices
7. Mail-in registrations may be paid by check, money order, or Master Card/VISA. FAX and online registrations must include a Master Card/VISA number. Do not send cash through the mail.
8. After the pools officially open on **June 20**, you **must** register at the pool where you will be taking swim lessons. Only check or cash is accepted at the pools.
9. Please carefully read and understand the Refund and Cancellation Policy in this program guide.

RAINY WEATHER

Lessons will be held during inclement weather except in the presence of thunder or lightning. There will be no makeups or refunds for missed classes.

MORNING SWIM LESSON SCHEDULE**Cycle I - June 22 to July 3**

Lessons are approximately 35 minutes
 Children must be 42" tall and 5 years old
 before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	501311B	501312B	501313B			
10:40	501311C	501312C		501314C		
11:20		501312D	501313D		501315D	
6:00						
6:40	Turn to Page 47 for the evening schedule					
7:20						

FERNRIDGE POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		491312B	491313B	491314B		
10:40	491311C		491313C		491315C	
11:20	491311D	491312D	491313D			

KENNEDY POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	481311B		481313B	481314B		
10:40		481312C	481313C		481315C	
11:20	481311D	481312D				481316D

MORNING SWIM LESSON SCHEDULE**Cycle II - July 6 to July 17**

Lessons are approximately 35 minutes

Children must be 42" tall and 5 years old

before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	501321B			501324B		501326B
10:40		501322C	501323C	501324C		
11:20	501321D	501322D		501324D		
6:00						
6:40	Turn to Page 47 for the evening schedule					
7:20						

FERNRIDGE POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		491322B	491323B	491324B		
10:40		491322C	491323C			491326C
11:20	491321D		491323D	491324D		

KENNEDY POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		481322B	481323B	481324B		
10:40	481321C	481322C	481323C			
11:20	481321D		481323D		481325D	

MORNING LESSON SCHEDULE

Cycle III - July 20 to July 31

Lessons are approximately 35 minutes
Children must be 42" tall and 5 years old
before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		501332B	501333B	501334B		
10:40	501331C	501332C				501336C
11:20		501332D	501333D	501334D		
6:00						
6:40	Turn to Page 47 for the evening schedule					
7:20						

FERNRIDGE POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	491331B	491332B	491333B			
10:40		491332C	491333C	491334C		
11:20	491331D	491332D			491335D	

KENNEDY POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	481331B	481332B	481333B			
10:40		481332C		481334C	481335C	
11:20	481331D	481332D	481333D			

MORNING LESSON SCHEDULE

Cycle IV - August 3 to August 14

Lessons are approximately 35 minutes
Children must be 42" tall and 5 years old
before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		501342B	501343B	501344B		
10:40	501341C	501342C	501343C			
11:20		501342D		501344D	501345D	
6:00						
6:40	Turn to Page 47 for the evening schedule					
7:20						

FERNRIDGE POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00		491342B	491343B	491344B		
10:40	491341C			491344C		491346C
11:20		491342D	491343D	491344D		

KENNEDY POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
10:00	481341B	481342B		481344B		
10:40		481342C	481343C		481345C	
11:20	481341D		481343D	481344D		

EVENING SWIM LESSON SCHEDULE**Cycle I - June 29 to July 17**

Held on Monday's, Wednesday's and Friday's for 3 weeks

Lessons are approximately 40 minutes

Children must be 42" tall and 5 years old

before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
6:00	501311E		501313E			501316E
6:45		501312F		501314F	501315F	
7:30		501312G	501313G	501314G		

EVENING SWIM LESSON SCHEDULE**Cycle II - July 20 to August 7**

Held on Monday's, Wednesday's and Friday's for 3 weeks

Lessons are approximately 40 minutes

Children must be 42" tall and 5 years old

before the first day of class to take swim lessons.

EISENHOWER POOL

Time	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
6:00	501321E		501323E			501326E
6:45		501322F	501323F	501324F		
7:30		501322G	501323G	501324G		